

# Activities Calendar

## July 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>9:30</b> Sunday Headlines (C) <b>30</b> <b>10:15</b> Communion Service (WC) <b>11:00</b> Right Moves Exercise (WC) <b>2:15</b> <b>Sunday afternoon at The Movies (WC)</b> <b>6:30</b> Cards, Checkers, Scrabble (I, C)	<b>9:30</b> Avocado-Fruit or Vegetable? Samples! (C) <b>31</b> <b>10:15</b> High Steppers Walking Group-1 <sup>st</sup> Floor <b>11:00</b> Seated Tai Chi for Seniors (WC) <b>2:30</b> Bingo (AR) <b>4:00</b> Rosary with Kathie (WC)	<b>LOCATION KEY</b> AR Activity Room R Reception WC Wellness Center LR Living Room C Café DR Dining Room FC Fitness Center I Independent Activity * Sign-up required \$ Cost involved G Gazebo				<b>9:30</b> Saturday Updates (C) <b>1</b> <b>10:15</b> Right Moves (WC) <b>11:15</b> "Canada Day Write Word" Game (WC) <b>2:15</b> American Flag Craft (AR) <b>3:30</b> All things "Hersey" (P) <b>6:30</b> Cards, Checkers, Scrabble (I, C)
<b>9:30</b> Half-way point of 2023 Discussion (C) <b>2</b> <b>10:15</b> Communion Service (WC) <b>11:00</b> Right Moves (WC) <b>2:15</b> Poetry on the Patio <b>3:00</b> <b>Loganberry Floats! (P)</b> <b>3:30</b> Washer Toss (P) <b>6:30</b> Cards, Checkers, Scrabble (I, C)	<b>9:30</b> Let's talk Wimbledon (C) <b>3</b> <b>10:15</b> High Steppers Walking Group-1 <sup>st</sup> Floor <b>11:00</b> Seated Tai Chi for Seniors (WC) <b>2:30</b> Bingo (AR) <b>4:00</b> Rosary with Jim (WC)	<b>9:30</b> Independence Talk (C) <b>4</b> <b>10:15</b> Right Moves (WC) <b>11:15</b> Fireworks on TV! (WC) <b>12:00</b> <b>4<sup>th</sup> of July Lunch (DR)</b> <b>Regular scheduled times</b> <b>2:15</b> American Patriotic Songs (WC) <b>3:30</b> Red,White,Blue Sundaes(P) <b>Independence Day</b>	<b>9:30</b> Manicures (AR) <b>5</b> <b>11:15</b> High Steppers Walking Group-2 <sup>nd</sup> Floor <b>1:00-</b> <b>Marian's Eldermart</b> <b>3:00</b> <b>Store-Living Room\$</b> <b>3:30</b> Bowling Fun (WC) <b>6:30</b> Movie Night (I, LR)	<b>9:30</b> July IQ (WC) <b>6</b> <b>10:15</b> Right Moves Exercise (WC) <b>11:15</b> Learn Something New (W) <b>1:30</b> <b>Afternoon Ride*</b> <b>2:15</b> Crossword Puzzle (WC) <b>3:30</b> Men's Get Together (WC) <b>6:30</b> Sing-along DVD (I, LR)	<b>9:30</b> Cranium Crunches (C) <b>7</b> <b>10:15</b> High Steppers Walking Group-3 <sup>rd</sup> Floor <b>11:00</b> Wildlife outreach (WC) <b>2:30</b> Lucky 7's Game (WC) <b>3:30</b> "7 Sevens" Happy Hour (AR) <b>7:00</b> <b>23 Ski Doo Performs (LR)</b>	<b>9:30</b> Saturday Updates (C) <b>8</b> <b>10:15</b> Right Moves Exercise (WC) <b>11:15</b> Meditation Morning (WC) <b>2:30</b> <b>Towel Bingo (AR)</b> <b>4:00</b> Raspberry Tea & Talk (P) <b>6:30</b> Cards, Checkers, Scrabble (I, C)
<b>9:30</b> Summersports Trivia (C) <b>9</b> <b>10:15</b> Communion Service (WC) <b>11:00</b> Right Moves Exercise (WC) <b>2:15</b> Beach/Sand memories (P) <b>3:15</b> <b>Smoothie Bar (P)</b> <b>6:30</b> Cards, Checkers, Scrabble (I, C)	<b>9:30</b> Who am I? (C) <b>10</b> <b>10:15</b> High Steppers Walking Group-1 <sup>st</sup> Floor <b>11:00</b> <b>Art with Tess (AR)</b> <b>2:15</b> Trivia Sheets (I, C) <b>3:00</b> Crossword Puzzle (WC) <b>4:15</b> Rosary with Kathie (WC) <b>4:30</b> Trivia sheets answers (C)	<b>9:30</b> Hide in plain sight (C) <b>11</b> <b>10:15</b> Right Moves Exercise <b>11:15</b> Kitchen Kapers Jell-O! (AR) <b>11:45</b> <b>Lunch at Georges*\$</b> <b>2:30</b> Bingo (AR) <b>3:45</b> Reminisce-Jell-O! (WC) <b>4:15</b> Take-Out Tuesday-Now*\$ <b>7:00</b> <b>Downhome Country Cloggers (AR)</b>	<b>9:30</b> Manicures (AR) <b>12</b> <b>11:15</b> High Steppers Walking Group-2 <sup>nd</sup> Floor <b>1:00-</b> <b>Marian's Eldermart</b> <b>3:00</b> <b>Store-Living Room\$</b> <b>3:30</b> Bowling Fun (WC) <b>6:00</b> <b>Summer Concert in the Park*</b>	<b>9:30</b> Donuts & Coffee (C) <b>13</b> <b>10:15</b> Right Moves Exercise (WC) <b>11:15</b> Bocce Ball Game (WC) <b>1:30</b> <b>Ice Cream/Charlaps*\$</b> <b>2:15</b> Pokeno (AR) <b>3:30</b> Science for Seniors (AR) <b>6:45</b> Bingo (AR)	<b>9:30</b> Cranium Crunches (C) <b>14</b> <b>10:15</b> High Steppers Walking Group-3 <sup>rd</sup> Floor <b>11:00</b> Shuffleboard Game (FC) <b>2:30</b> Armchair Travels (WC) <b>3:30</b> Strawberry Daiquirs Happy Hour (AR) <b>6:30</b> Mindfulness Sheets (C,I)	<b>9:30</b> Saturday Updates (C) <b>15</b> <b>10:15</b> Right Moves Exercise (WC) <b>11:15</b> Kitchen Kapers-Lemon Blueberry Bars (AR) <b>2:15</b> Benefits of Blueberries (P) <b>3:00</b> <b>Patio Social (P)</b> <b>6:30</b> Cards, Checkers, Scrabble (I, C)
<b>9:30</b> Did you Know?! (C) <b>16</b> <b>10:15</b> Communion Service (WC) <b>11:00</b> Right Moves (WC) <b>2:15</b> Crafts with Jess (AR) <b>3:30</b> <b>Lemon ice on the Patio</b> <b>6:30</b> Cards, Checkers, Scrabble (I, C)	<b>9:30</b> What am I? (C) <b>17</b> <b>10:15</b> High Steppers Walking Group-1 <sup>st</sup> Floor <b>11:00</b> Seated "Dance" Exercise With Lisa (WC) <b>2:30</b> Bingo (AR) <b>4:00</b> Rosary with Kathie (WC)	<b>9:30</b> Who was John GlennJR(C) <b>18</b> <b>10:15</b> Right Moves (WC) <b>10:30</b> <b>Shopping at Kohls*\$</b> <b>11:15</b> Worship/Pastor David WC <b>2:15</b> Apollo 11 landing on the Moon (WC) <b>3:00</b> <b>Cindy &amp; Brian Sing (P)</b> <b>4:15</b> Take-Out Tuesday-Subway\$ <b>4:30</b> Group Crossword (C)	<b>9:30</b> Manicures (AR) <b>19</b> <b>11:15</b> High Steppers Walking Group-2 <sup>nd</sup> Floor <b>1:00-</b> <b>Marian's Eldermart</b> <b>3:00</b> <b>Store-Living Room\$</b> <b>3:30</b> Bowling Fun (WC) <b>6:30</b> Movie Night (I, LR)	<b>9:30</b> Dominoes (C) <b>20</b> <b>10:15</b> Right Moves (WC) <b>10:30</b> <b>Excalibur Boat Ride*\$</b> <b>11:15</b> Food Council Meeting(AR) <b>2:15</b> You Be the Judge (C) <b>3:30</b> Responsorial Songs (WC) <b>4:30</b> Crazy 8's Cards (C) <b>6:45</b> "Lucky" Bingo (AR)	<b>9:30</b> Cranium Crunches (C) <b>21</b> <b>10:15</b> High Steppers Walking Group-3 <sup>rd</sup> Floor <b>11:00</b> Worship Service with Pastor Leary (LR) <b>2:30</b> Cornhole (P) <b>3:30</b> "Trivia Night" Happy Hour (AR) <b>6:30</b> Shut the Box Game (I, C)	<b>9:30</b> Saturday Updates (C) <b>22</b> <b>10:15</b> Right Moves (WC) <b>11:15</b> Making Leis (AR) <b>2:15</b> Word Challenge (I, C) <b>3:00</b> <b>Hawaiian Luau with Ramundo (DR)</b> <b>6:30</b> Cards, Checkers, Scrabble (I, C)
<b>9:30</b> Who invented the Ice Cream Cone?! (P) <b>23</b> <b>10:15</b> Communion Service (WC) <b>11:00</b> Right Moves (WC) <b>2:15</b> "Baseball" Game (P) <b>3:15</b> <b>Ice Cream Cones on The Patio</b> <b>4:00</b> Short stories (P) <b>6:30</b> Cards, Checkers, Scrabble (I, C)	<b>9:30</b> Where am I? (C) <b>24</b> <b>10:15</b> High Steppers Walking Group-1 <sup>st</sup> Floor <b>11:00</b> Seated Tai Chi for Seniors (WC) <b>2:30</b> Bingo (AR) <b>4:00</b> Rosary with Kathie (WC) <b>4:00</b> Caring Cards (AR)	<b>9:30</b> Let's talk Key West (C) <b>25</b> <b>10:15</b> Right Moves Exercise (WC) <b>10:30</b> <b>Walmart Shopping*\$</b> <b>11:15</b> Making Key Lime Pie (AR) <b>2:15</b> Amazing animals of Key West <b>3:00</b> Catholic Mass (DR) <b>3:30</b> Gathering Social (AR) <b>4:00</b> Elderwood Book Club (WC) <b>4:15</b> Take-Out Tuesday-Chinese*\$ <b>7:00</b> <b>Kathy Carr Sings (LR)</b>	<b>9:30</b> Manicures (AR) <b>26</b> <b>11:15</b> High Steppers Walking Group-2 <sup>nd</sup> Floor <b>1:00-</b> <b>Marian's Eldermart</b> <b>3:00</b> <b>Store-Living Room\$</b> <b>3:30</b> Bowling Fun (WC) <b>6:30</b> Movie Night (I, LR)	<b>9:30</b> <b>Letchworth DayTrip 27</b> <b>10:15</b> Right Moves Exercise (WC) <b>11:15</b> Healthy Living Talk (WC) <b>2:15</b> Art Expressions (AR) <b>3:30</b> Word Challenge (WC) <b>6:30</b> Sing-along DVD (I, LR)	<b>9:30</b> Cranium Crunches (C) <b>28</b> <b>10:15</b> High Steppers Walking Group-3 <sup>rd</sup> Floor <b>11:00</b> New Resident Welcome (AR) <b>2:15</b> <b>Free Popcorn Friday</b> <b>3:00</b> <b>Resident Council Meeting</b> <b>3:30</b> Blueberry Mojitos Happy Hour (AR) <b>4:45</b> LRC Dice Game (C) <b>6:45</b> Bingo	<b>9:30</b> Saturday Updates (C) <b>29</b> <b>10:15</b> Right Moves Exercise (WC) <b>11:15</b> Meditation Morning (WC) <b>2:30</b> Crossword Puzzle (WC) <b>3:30</b> Fifty: Over or Under? (P) <b>6:30</b> Cards, Checkers, Scrabble (I, C)

*All activities programs are overseen by activities staff unless otherwise noted as an Independent activity. Any questions please see Denise GG. Director of Activities*